



About *us*



Nestled in the heart of Hanoi Old Quarter, SOL Spa is located on Hang Trong Street - one of the nicest and busiest places where luxury restaurants and hotels gather.

Only a few steps from Hoan Kiem Lake, Sol Spa will provide tourists a relaxation stopover after sightseeing around the Old Quarter as well as famous landscapes in Hanoi. Our meditation-styled Indochina interior and modern equipments such as facial machine, cushioned bed, sauna will certainly satisfy customers expectation.



SOL SPA
Change the way you feel

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SOL SPA
Change the way you feel

The Secrets *of* Relaxation

BODY MASSAGE



(Price: 1000đ)

1. SWEDISH MASSAGE

The technique aims to promote relaxation by releasing muscle tension.

Minute	Price
60'	470
90'	680
120'	890

2. VIETNAMESE TRADITIONAL MASSAGE

Helps to get a sense of comfort, stability, reducing stress and fatigue created due to pressure.

60'	510
90'	760
120'	1010

3. HOT STONE MASSAGE

Relieve tense muscle and sore joints while improving circulation, calming the nervous system and increasing energy.

75'	650
90'	780
120'	1020

4. SPORT MASSAGE THERAPY

Designed to help aid the body in releasing wastes from over and under worked muscle, also maintain muscle performance.

75'	670
90'	790
120'	1030

5. SOL SPECIAL MASSAGE

This massage technique incorporates a variety of different massage styles.

75'	670
90'	790
120'	1050

6. THAI MASSAGE

It is a traditional healing system combining acupressure, Indian Ayurvedic principles, and assisted yoga postures. The idea of Shen-lines alias energy-lines was first used is "Thai yoga massage"

60'	720
90'	810
120'	1100

INDIAN BACK, NECK & SHOULDER

Focus on the neck, shoulders and across the back.

30'	320
45'	420

FOOT MASSAGE

Foot Massage

45'	280
60'	420

Foot Treatment (Scrub and massage)

75'	540
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- Hot stone (OR)
- Mud covering



PACKAGE



RELAXING PACKAGE

Swedish massage

Basic Facial Care

THERAPY PACKAGE

Vietnamese Traditional massage

Basic Facial Care

SPORTS PACKAGE

Sport Massage 90'

Indian back,neck & Shoulder

Coffee & Orange body scrub

HOT STONE PACKAGE

Basic Facial Care

Hotstone massage

Lemon & Honey body scrub

SOLARIA PACKAGE

Steam Bath (Sauna)

SOL Special massage

Facial Care with turmeric

FACIAL CARE

Basic Facial Care

Facial Care with turmeric

Collagen Therapy

HEAD MASSAGE

Head Massage

BODY SCRUB & WRAP

Coffee and orange body scrub

Body scrub by Himalaya salt

SAUNA

Steam bath (SAUNA)

"Tax and service charge are not included on quoted rate"

Minute	Price
135'	1050
90'	
45'	
135'	1130
90'	
45'	
155'	1470
90'	
30'	
35'	
160'	1530
45'	
90'	
35'	
210'	1990
30'	
120'	
60'	
45'	390
60'	550
75'	690
30'	280
35'	390
30'	380
35'	250