



About *us*



Nestled in the heart of Hanoi Old Quarter, SOL Spa is located on Hang Trong Street - one of the nicest and busiest places where luxury restaurants and hotels gather.

Only a few steps from Hoan Kiem Lake, Sol Spa will provide tourists a relaxation stopover after sightseeing around the Old Quarter as well as famous landscapes in Hanoi. Our mediation-styled Indochina interior and modern equipments such as facial machine, cushioned bed, sauna will certainly satisfy customers expectation.



SOL SPA
Change the way you feel

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SOL SPA
Change the way you feel

The Secrets *of* Relaxation

BODY MASSAGE



(Price: 1000d)

1. SWEDISH MASSAGE

The technique aims to promote relaxation by releasing muscle tension.

Minute	Price
60'	520
90'	750
120'	980

2. VIETNAMESE TRADITIONAL MASSAGE

Helps to get a sense of comfort, stability, reducing stress and fatigue created due to pressure.

60'	560
90'	840
120'	1110

3. HOT STONE MASSAGE

Relieve tense muscle and sore joints while improving circulation, calming the nervous system and increasing energy.

75'	710
90'	860
120'	1120

4. SPORT MASSAGE THERAPY

Designed to help aid the body in releasing wastes from over and under worked muscle, also maintain muscle performance.

75'	740
90'	870
120'	1130

5. SOL SPECIAL MASSAGE

This massage technique incorporates a variety of different massage styles.

75'	740
90'	870
120'	1160

6. THAI MASSAGE

It is a traditional healing system combining acupressure, Indian Ayurvedic principles, and assisted yoga postures.

The idea of Shen-lines alias energy-lines was first used is "Thai yoga massage"

60'	790
90'	890
120'	1210

INDIAN BACK, NECK & SHOULDER

Focus on the neck, shoulders and across the back.

30'	350
45'	460

FOOT MASSAGE

Foot Massage

45'	310
60'	460

Foot Treatment (Scrub and massage)

75'	590
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- Hot stone (OR)

- Mud covering



PACKAGE



Minute Price

RELAXING PACKAGE

Swedish massage	90'	135'	1160
Basic Facial Care	45'		

THERAPY PACKAGE

Vietnamese Traditional massage	90'	135'	1240
Basic Facial Care	45'		

SPORTS PACKAGE

Sport Massage 90'	90'	155'	1620
Indian back,neck & Shoulder	30'		
Coffee & Orange body scrub	35'		

HOT STONE PACKAGE

Basic Facial Care	45'	160'	1680
Hotstone massage	90'		

SOLARIA PACKAGE

Steam Bath (Sauna)	30'	210'	2190
SOL Special massage	120'		
Facial Care with turmeric	60'		

FACIAL CARE

Basic Facial Care	45'	430	
Facial Care with turmeric	60'	610	
Collagen Therapy	75'	760	

HEAD MASSAGE

Head Massage	30'	310	
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BODY SCRUB & WRAP

Coffee and orange body scrub	35'	430	
Body scrub by Himalaya salt	30'	420	

SAUNA

Steam bath (SAUNA)	35'	280	
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"Tax and service charge are not included on quoted rate"